Complete Motor Skills Set

Item 50691
**Description**
A set consisting of cones, poles, hoops and rectangular blocks

**Allocation**
One set per twenty learners

**General Comment**
This set can be used in conjunction with other products to enrich the teaching experience

**Classroom lesson**

<table>
<thead>
<tr>
<th>Class</th>
<th>Learning Objective</th>
<th>Suggested Activity</th>
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<tbody>
<tr>
<td>1 yrs.</td>
<td>Not allocated.</td>
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<tr>
<td>2 yrs.</td>
<td>Not allocated.</td>
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</tbody>
</table>
| 3 yrs. | Exercise of gross motor skills. Teaching body awareness as a pre-skill to creating spatial awareness | Set up the set as a series of physical challenges requiring children to  
  - Run straight between two cones  
  - Run and turn at a corner, changing direction  
  - Jump into a hoop that is placed on the floor  
  - Jump out of a hoop that is placed on the floor  
  - Run around a hoop  
  - Climb through a hoop  
  - Crawl under a pole set up between two other poles, leaving enough space for the child to crawl through comfortably  
  - Throw a bean bag into  
  - |
| 4 yrs. | Exercise of gross motor skills. Teaching body awareness as a pre-skill to spatial awareness. | Set up the set as a series of physical challenges requiring children to  
  - Run straight  
  - Run and turn at a corner  
  - Walk backwards  
  - Jump into a hoop that is slightly raised from the ground/ floor, using both legs  
  - Jump out of a hoop that is slightly raised from the floor/ ground, using both legs  
  - Run around a hoop that is suspended above the ground  
  - Climb through a hoop that is placed in a vertical line with the bottom of the hoop touching the floor  
  - Crawl under a pole set up between two other poles, leaving enough space for the child to crawl through comfortably  
  - Walk under a pole that is set up at shoulder height, allowing the child to bend forwards and |
5 yrs.  Exercise of gross motor skills.  
Teaching body awareness as a pre-skills to spatial awareness

Set up the set as a series of physical challenges requiring children to

- Run straight, at different speeds: slow like a tired elephant, then fast like a cheetah on the chase. Alternate as per cue from a fellow student; working in pairs.
- Walks sideways, to the left/ to the right as per cue from teacher
- Gallop
- Skip
- Walk backwards
- Jump into a hoop and immediately out again.
- Jump into hoop on one leg
- Jump out of hoop on one leg
- Hop on one leg for a couple of hops (about three)
- Climb through a hoop that is placed horizontally at knee height
- Climb through a hoop that is placed vertically at height of crotch
- Crawl under a pole set up between two other poles, leaving enough space for the child to crawl through comfortably
- Walk under a pole that is set up at chest height, allowing the child to bend forwards and straighten when finished

6 yrs. and up  Use as part of Physical Education

Set up as an obstacle course.

Interm. Phase  Use as part of Physical Education

Set up as an obstacle course.